



FINANCIAL PLANNING

Trust Structures Explained

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Key Takeaways

- Trusts are planning tools, not just tax shelters, used to control how assets are managed, protected, and transferred.
- Revocable living trusts help families avoid probate, plan for incapacity, and maintain privacy during life and after death.
- Irrevocable trusts trade direct control for benefits like estate tax mitigation, asset protection, and multi-generational wealth transfer.
- SLATs, GRATs, and charitable trusts each solve different problems. Choosing the right structure depends on the family's specific goals.
- Effective trust planning is about clarity and intentionality, not complexity.

What is a trust, and how does it work in estate planning?

Trusts are often discussed as though they are reserved exclusively for ultra-wealthy families with highly complex estates. Terms like "irrevocable trust," "SLAT," or "GRAT" can quickly make estate planning feel intimidating, overly technical, or unnecessarily complicated.

In reality, trusts are simply planning tools designed to accomplish specific goals.

Some trusts are intended to help families avoid probate and simplify estate administration. Others are designed to provide asset protection, facilitate tax-efficient wealth transfer, support charitable giving, or help create long-term structure around family wealth.

The key is not determining which trust is the “best” trust. The key is determining which trust structures align with a family’s actual objectives.

At its core, effective trust planning is less about complexity and more about clarity.

The Foundation: Revocable Living Trusts

What is a revocable living trust and what does it do?

For many families, the foundation of trust planning begins with a revocable living trust.

Unlike a will, which generally only becomes effective upon death, a revocable trust is designed to function during life as well as after death. Assets titled in the name of the trust can continue to be managed seamlessly if the grantor becomes incapacitated and can often avoid the probate process upon death.

One of the most common misconceptions surrounding revocable trusts is that they are primarily tax-planning vehicles. In most cases, they are not.

A revocable trust is less about reducing taxes and more about control, continuity, organization, and privacy.

These structures can help:

- Avoid probate
- Streamline estate administration
- Coordinate asset management during incapacity
- Maintain greater privacy than a traditional probate process
- Simplify the transition of assets to heirs

For many affluent families, the practical organizational benefits alone can make a revocable trust worthwhile.

Irrevocable Trusts: Protection and Long-Term Planning

What is an irrevocable trust, and when should families consider one?

As wealth grows, planning objectives often evolve beyond organization and probate avoidance.

This is where irrevocable trust structures frequently enter the conversation.

Unlike revocable trusts, irrevocable trusts generally involve relinquishing some degree of ownership or control over assets transferred into the trust. In exchange, families may receive meaningful planning benefits related to:

- Estate tax mitigation
- Asset protection
- Creditor protection
- Multi-generational wealth transfer
- Charitable planning

Once assets are transferred into many irrevocable trust structures, the tradeoff is relatively straightforward: less direct control in exchange for greater protection and planning flexibility.

For affluent families, this tradeoff can be extremely valuable when approached thoughtfully and in alignment with broader planning goals.

Importantly, not every irrevocable trust is designed for the same purpose. Different structures solve different problems.

Common Advanced Trust Structures

Spousal Lifetime Access Trusts (SLATs)

What is a SLAT and how does it work?

SLATs have become increasingly popular among affluent married couples, particularly in periods of elevated estate tax exemptions.

A SLAT is an irrevocable trust created by one spouse for the benefit of the other spouse and potentially future descendants. The primary objective is often to move appreciating assets outside of the taxable estate while still maintaining indirect access to trust assets through the beneficiary spouse.

In practice, SLATs can provide a balance between long-term estate planning and maintaining family flexibility.

Grantor Retained Annuity Trusts (GRATs)

What is a GRAT and when is it used?

GRATs are commonly used when an individual owns assets with significant appreciation potential.

These structures are often associated with:

- Concentrated stock positions
- Founder or executive equity
- Closely held business interests
- High-growth investments

The general objective of a GRAT is to transfer future appreciation to heirs with minimal gift tax exposure.

If the assets inside the trust appreciate beyond certain assumed IRS growth rates, the excess appreciation may pass to beneficiaries in a highly tax-efficient manner.

While GRATs can be powerful planning tools, their effectiveness is often heavily dependent on timing, asset selection, and broader estate planning coordination.

Charitable Trust Structures

How do charitable trusts work?

Charitable trusts can help families integrate philanthropic goals with broader tax and legacy planning.

In certain situations, charitable trust structures may help:

- Reduce concentrated stock exposure
- Create income streams
- Generate charitable deductions

- Improve tax efficiency
- Support long-term philanthropic objectives

For families with charitable intent, these structures can create opportunities to align wealth planning with personal values and legacy goals.

The Real Purpose of Trust Planning

Are trusts only used to reduce taxes?

One of the biggest misconceptions surrounding trust planning is that trusts exist solely to avoid taxes.

While tax considerations are certainly important, the most effective trust planning is often centered around much broader objectives.

Trusts can serve as:

- Family governance tools
- Asset protection tools
- Legacy planning tools
- Organizational structures
- Vehicles for multi-generational stewardship

At its best, trust planning creates intentionality around wealth.

It allows families to think carefully about how assets should be managed, protected, distributed, and stewarded over time.

For some families, that may mean maximizing flexibility and simplicity. For others, it may involve creating long-term structures designed to preserve wealth across multiple generations.

The appropriate approach depends entirely on the family's goals, values, and circumstances.

Final Thoughts

Not every family needs advanced trust structures. In many cases, simplicity is entirely appropriate.

However, for families with growing complexity, concentrated wealth, business interests, estate tax exposure, or multi-generational planning goals, trusts can play an important role within a comprehensive financial plan.

The most effective trust structures are rarely the most complicated. They are the ones thoughtfully aligned with a family's long-term objectives and implemented with clarity and purpose.

Ultimately, trust planning should not be viewed as an exercise in creating complexity for complexity's sake. It should be viewed as a way to bring structure, protection, and intentionality to the stewardship of wealth.

Quick Definitions

- **Revocable Living Trust.** A trust the grantor can change or revoke during life; helps avoid probate and plan for incapacity.
- **Irrevocable Trust.** A trust that generally cannot be changed after creation; used for estate tax mitigation, asset protection, and wealth transfer.
- **SLAT (Spousal Lifetime Access Trust).** An irrevocable trust created by one spouse for the benefit of the other, designed to move assets out of the taxable estate while preserving indirect access.
- **GRAT (Grantor Retained Annuity Trust).** An irrevocable trust used to transfer future appreciation of assets to heirs with minimal gift tax exposure.
- **Charitable Trust.** A trust that combines philanthropic giving with tax and legacy planning, often used to reduce concentrated stock exposure or generate income streams.
- **Probate.** The court-supervised process of validating a will and distributing assets; trusts are commonly used to avoid it.
- **Grantor.** The person who creates and funds a trust.

Frequently Asked Questions

Do I need a trust if I already have a will?

A will directs how assets are distributed after death but typically requires probate. A revocable living trust can complement a will by avoiding probate, providing privacy, and managing assets during incapacity.

What is the difference between a revocable and an irrevocable trust?

A revocable trust can be changed or revoked by the grantor and is primarily used for control, continuity, and probate avoidance. An irrevocable trust generally cannot be changed and is used for estate tax mitigation, asset protection, and long-term wealth transfer.

Who should consider a SLAT?

Married couples with significant assets who want to move appreciating wealth outside of the taxable estate while preserving indirect access through the beneficiary spouse may benefit from a SLAT.

When does a GRAT make sense?

GRATs are typically considered by individuals holding concentrated stock, founder or executive equity, closely held business interests, or other high-growth assets expected to appreciate substantially.

Can a trust help with charitable giving?

Yes. Charitable trust structures can generate charitable deductions, create income streams, reduce concentrated stock exposure, and align wealth planning with long-term philanthropic goals.

Are trusts only for ultra-wealthy families?

No. While advanced structures like SLATs and GRATs are most relevant for higher net worth families, revocable living trusts can benefit a wide range of households focused on probate avoidance, privacy, and incapacity planning.

Do trusts always reduce taxes?

Not necessarily. Revocable trusts generally do not reduce taxes. Tax efficiency is primarily a feature of certain irrevocable trust structures, and only when properly designed and aligned with broader planning goals.

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THRYVE is an independent, fiduciary-based Registered Investment Adviser built on a simple and uncompromising standard: no products, no commissions, no conflicts. Our loyalty is to our clients, and only our clients. Backed by a team with over 100 years of combined wealth management experience, we deliver comprehensive financial planning, forward-looking investment strategies, and family office-level services to individuals, families, and business owners who expect both excellent advice and a genuine relationship.

We also believe the best relationship in the world is made stronger by the best tools available. Our AI-powered, fully integrated platform gives our advisors more time for the conversations that matter most, and our investment approach is built around where the world is going, not where it has been. At THRYVE, we are committed to building and earning our clients' trust: the kind that shows up in the difficult times, when markets are down or you're faced with a major financial decision. It is those real conversations about financial goals, core values, and legacy that provide our clients comfort when they need it most. That's the THRYVE difference.

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